# **Youth Sports & Active Recreation**

### MUNCHKIN SPORTS

This class provides an introduction to soccer and basketball with an emphasis on fun while promoting new friendships through the basic fundamentals!

Instructor: CRC Staff

Location: Centennial Recreation Center, Gymnasium

Activity#	Date	Day	Time	Age	Sessions
4600.204	6/2-6/30	W	6pm-6:45pm	3-5yrs	5
4600.205	7/21-8/18	W	6pm-6:45pm	3-5yrs	5

Resident \$45/ CRC Member \$40 Non-Resident \$50/ CRC Member \$45

# KIDZ LOVE SOCCER

Kids will learn the world's most popular sport from professional coaches licensed in the KLS method. Your child will learn through skill demonstrations and instructional scrimmages conducted in a non-competitive, recreational format. Bring your tennis shoes and shin guards and be ready to have fun!

For more information visit www.kidzlovesoccer.com

KLS Class Status Hotline: 1 (800) 871-2275 Instructor: Kidz Love Soccer staff

Location: Community Park Softball Fields

Activity#	Date	Day	Time	Age	Sessions
Tot Socce	r				
4620.201	7/8-8/19	TH	5:05pm-5:35pm	31/2-4yrs	7
4620.202	7/10-8/21	SA	4:35pm-5:05pm	31/2-4yrs	7
Pre-Socce	er				
4620.203	7/8-8/19	TH	3pm-3:35pm	4-5yrs	7
4620.204	7/10-8/21	SA	3:15pm-3:50pm	4-5yrs	7
Soccer 1					
4620.205	7/8-8/19	TH	3:35pm-4:20pm	5-6yrs	7
4620.206	7/10-8/21	SA	2:30pm-3:15pm	5-6yrs	7
Soccer 2					
4620.207	7/8-8/19	TH	4:20pm-5:05pm	7-8yrs	7
4620.208	7/10-8/21	SA	3:50pm-4:35pm	7-8yrs	7

Resident \$84/ CRC Member \$79 Non-Resident \$89/ CRC Member \$84

# MOMMY, DADDY, AND ME SOCCER

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun, age appropriate activities, your child will be developing his/her large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines.

For more information visit www.kidzlovesoccer.com

KLS Class Status Hotline: 1 (800) 871-2275 Instructor: Kidz Love Soccer staff

Location: Community Park Softball Fields

Activity#	Date	Day	Time	Age	Sessions
4620.209	7/8-8/19	TH	5:50pm-6:20pm	2-3½ yrs	7
4620.210	7/10-8/21	SA	5:20pm-5:50pm	2-3½ yrs	7

Resident \$84/ CRC Member \$79 Non-Resident \$89/ CRC Member \$84

# JUST FOR KICKS YOUTH INDOOR SOCCER

Just4Kicks, inc. will conduct instructional soccer lessons developing skills as well as the age appropriate emotional development required for the game of soccer. Each session will focus on a particular aspect of the game of soccer utilizing specifically designed activities. A typical session will include a warm-up; topic introduction; demonstrations; activities to learn and practice the particular skill; recreational games to provide the participant an environment simulating a soccer match in which to practice; and finally, a soccer match (scrimmage). Each activity varies according to age and ability, and is structured to provide every child the opportunity to express themselves and grow at their own rate. The emphasis is on learning and having fun, not winning.

Instructor: Tom Vischer

Location: Centennial Recreation Center Gymnasium

Activity#		Day	Time	Age	Sessions
	7/9-7/30	F	2:30pm3pm	3½ -4 yrs	4
K Soccer 4610.208		F	3pm-3:35pm	4½ -5yrs	4
K1 Socce 4610.209	er 7/9-7/30	F	3:35pm-4:20pm	5-6yrs	4
Soccer 2 4610.210	/3 & 4/6 7/9-7/30	F	4:20pm-5:20pm	7-12yrs	4

Resident: \$53 / CRC Member: \$48 Non-Resident: \$58 / CRC Member: \$53

# JUST FOR HOOPS YOUTH BASKETBALL

Just 4 Hoops staff will conduct instructional youth basketball lessons developing skills and the age-appropriate emotional development required for the game of basketball. A typical session includes a warm-up; topic introduction; demonstration; activities to learn and practice the particular skill; recreational game to provide the participants an environment simulating a basketball game in which to practice; and finally, a game. Each activity varies according to age and ability and is structured to provide every child the opportunity to express him/herself and grow at his/her own rate. The emphasis is on learning and having fun, not winning. Instructor: Just 4 Hoops Staff

Location: Centennial Recreation Center, Gymnasium - West Side

Activity#	Date	Day	Time	Age	Sessions
K-1 GRADI	ES				
4600.201	7/8-7/29	TH	3:15pm-4pm	5-6yrs	4
2-3 GRADI	ES				
4600.202	7/8-7/29	TH	4pm-5pm	7-8yrs	4
4-6 GRAD	ES				
4600.203	7/8-7/29	TH	5pm-6pm	9-12yrs	4
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Resident: \$53 / CRC Member: \$48 Non-Resident: \$58 / CRC Member: \$53

### **FUNDAMENTALS OF TENNIS**

This is a course designed to teach the fundamentals, proper techniques and skill development to the players. Bring a tennis racket and dress appropriately. Space is limited, so sign up now! Instructor: Michael Myers

Location: Community Park, Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
4630.202	6/22-7/8	T/TH	8am-8:30am	5-8yrs	6
4630.203	6/22-7/8	T/TH	8:30am-9:30am	9-12yrs	6

5-8 yrs

Resident \$41/ CRC Member \$36 Non-Resident \$46/ CRC Member \$41

9-12 yrs

Resident \$77/ CRC Member \$72 Non-Resident \$82/ CRC Member \$77

# YOUTH TENNIS LEAGUE

This junior program is designed for the individual who already knows how to play the game. He/she should be able to hit balls and rally consistently with a partner. The emphasis of the program is skill development and preparation for match play with the goal to prepare The Juniors for USA Team Tennis play. Bring a tennis racket and dress appropriately.

Instructor: Michael Myers

Location: Community Park, Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
4630.204	6/18-7/9	F	8:30am-9:30am	8-12yrs	4

Resident \$53/ CRC Member \$48 Non-Resident \$58/ CRC Member \$53

# TENNIS: PRIVATE LESSONS

These lessons are for individuals and/or small groups (1-4) people, who prefer individual attention and instruction this is not available in a large class setting. Please call (408) 782-2128 for more information.

Instructor: Michael Myers

**Location: Community Park Tennis Courts** 

Activity#	Date	Day	Time	Age	Sessions
4630.205	6/19-8/1	Su-Sa	Anytime	5yrs+	1-8

1/2 Hour Lesson: \$25 / Hour Lesson: \$50

# JR. GOLF

This 5 week class will teach golf fundamentals such as: the grip, the stance, putting, chipping, and full swing. This is a great introduction to the sport or to review and practice what you have learned. Please dress comfortably, bring water and wear sun screen. Golf clubs will be furnished or you are welcome to bring your own.

Instructor: Stuart Spence

Location: Eagle Ridge Golf Course, Gilroy

Activity#	Date	Day	Time	Age	Sessions
4631.201	5/15-6/12	SA	1pm-2pm	5-17yrs	5
4631.202	6/26-7/24	SA	1pm-2pm	5-17yrs	5
4631.203	8/7-9/4	SA	1pm-2pm	5-17yrs	5
4631.204	5/16-6/13	SU	12pm-1pm	5-17yrs	5
4631.205	6/27-7/25	SU	12pm-1pm	5-17yrs	5
4631.206	8/8-9/5	SU	12pm-1pm	5-17yrs	5

Resident: \$57 / CRC Member: \$52 Non-Resident: \$62 / CRC Member: \$57

### **MOTHER & CHILD GOLF**

Join this 5 week introductory class with your child and learn at an easy, fun pace. Plus, this class is a great opportunity to spend quality time together. Golf is fun to learn and share with kids. Golf clubs will be furnished or you are welcome to bring your own.

Instructor: Scott Krause

Location: Eagle Ridge Golf Course, Gilroy

Activity#	Date	Day	Time	Age	Sessions
4631.207	6/1-6/29	T	12pm-1pm	4-15yrs	5
4631.208	6/7-7/5	М	11am-12pm	4-15yrs	5
4631.209	7/13-8/10	T	12pm-1pm	4-15yrs	5
4631.210	7/19-8/16	М	11am-12pm	4-15yrs	5

Resident: \$64 / CRC Member: \$59 Non-Resident: \$69 / CRC Member: \$64

## SKATEBOARD OR BMX

#### **GROUP LESSONS**

Learn the fundamentals, safety, and proper techniques of skateboarding or BMX riding with private or group lessons

Instructor: Morgan Hill Skate/BMX Park Staff Location: Morgan Hill Skate/BMX Park

#### **BMX Group Lessons**

Activity#	Date	Day	Time	Age	Sessions
4910.201	6/8-7/1	T/TH	4pm-5pm	5-12yrs	8
4910.202	7/6-7/29	T/TH	4pm-5pm	5-12yrs	8

#### Skateboarding Group Lessons

Activity#	Date	Day	Time	Age	Sessions
4910.203	6/7-6/30	M/W	4pm-5pm	5-12yrs	8
4910.204	7/5-7/28	M/W	4pm-5pm	5-12yrs	8

Resident: \$90 / CRC Member \$85 Non-Resident: \$100 / CRC Member \$90 Private Lessons: By Appointment Only

# SKATEBOARD OR BMX

#### PRIVATE LESSONS

Get one on one attention your child can use to improve his or her skills on a board or bike. All ages are welcome. Contact us for more information at (408) 782-2128 or stop by to book lessons at the

Centennial Recreation Center.

Instructor: Morgan Hill Skate/BMX Park Staff Location: Morgan Hill Skate/BMX Park

4 (1 Hour Sessions)

Resident: \$185 / CRC Member\$180 Non-Resident: \$190 / CRC Member \$185

8 (1 Hour Sessions)

Resident: \$325/CRC Member\$320 Non-Resident: \$330/CRC Member \$325

# MORGAN HILL SKATE/BMX PARK EVENTS

This summer 2010 the Morgan Hill Skate/BMX Park will be hosting events and contest every month, these events are organized and put on by the skaters and BMX riders who frequent the park. If you want to get involved with any or all of the events please contact Abel Gutierrez-Recreation Coordinator abel.gutierrez@mhcrc.com or call (408) 782-2128 x806

Skate/BMX Park Event Dates: Saturday June 12th

Saturday July 10th Saturday August 7th

### LIL' DRAGONS KARATE

This is a fun class that teaches safety and life skills as well as martial arts. The focus in this class is to improve safety, balance, self control, and self-confidence

Material Fee: \$99 (to be paid to instructor in class) No material fee required for first class. Optional for first month, but is required for continuing students. Includes: Uniform, gloves, patches and folder. Instructor: Arceli Bell

Location: Centennial Recreation Center, Multipurpose Room

Activity#	Date	Day	Time	Age	Sessions
4660.201	6/1 - 6/29	T	5pm-5:30pm	5yrs+	5
4660.202	6/1 - 6/29	T/TH	5pm-5:30pm	5yrs+	9
4660.203	7/6- 7/27	T	5pm-5:30pm	5yrs+	4
4660.204	7/1 – 7/29	T/TH	5pm-5:30pm	5yrs+	9
4660.205	8/3 - 8/31	T	5pm-5:30pm	5yrs+	5
4660.206	8/3 - 8/31	T/TH	5pm-5:30pm	5yrs+	9

4 week session

Resident: \$44 / CRC Member: \$39 Non-Resident: \$49 / CRC Member: \$44

5 week session

Resident: \$50 / CRC Member: \$45 Non-Resident: \$55 / CRC Member: \$50

9 week sessior

Resident: \$84 / CRC Member: \$79 Non-Resident: \$89 / CRC Member: \$84



- Certified Invisalign Orthodontist
- Individually tailored financial plans
- Designer, invisible and small standard braces in a rainbow of colors





## KEMPO KARATE BEGINNERS

#### (WHITE BELT AND ORANGE BELT)

This is a beginning Kempo Karate class. Students will learn kicks, punches, blocks and self-defense. Focus, respect, discipline, and self-control are taught and encouraged.

Instructor: Arceli Bell

Location: Centennial Recreation Center, Multipurpose Room

Activity#	Date	Day	Time	Age	Sessions
4660.207	6/1-6/29	T	5:45pm-6:30pm	7yrs+	5
4660.208	6/1 - 6/29	T/TH	5:45pm-6:30pm	7yrs+	9
4660.209	7/6-7/27	T	5:45pm-6:30pm	7yrs+	4
4660.210	7/1 – 7/29	T/TH	5:45pm-6:30pm	7yrs+	9
4660.211	8/3 - 8/31	T	5:45pm-6:30pm	7yrs+	5
4660.212	8/3 - 8/31	T/TH	5:45pm-6:30pm	7yrs+	9

Material Fee: \$99 (to be paid to instructor in class) No material fee required for first class. Optional for first month, but is required for continuing students. Includes: Uniform, gloves, patches and a folder.

4 week session

Resident: \$65 / CRC Member: \$60 Non-Resident: \$75 / CRC Member: \$65

5 week session

Resident: | \$70 / CRC Member: \$65 Non-Resident: \$75 / CRC Member: \$70

9 week session

Resident: \$95 / CRC Member: \$90 Non-Resident: \$100 / CRC Member: \$95

# KEMPO KARATE INTERMEDIATE

#### (BLUE BELT AND ABOVE)

Students will learn self-defense techniques against grabs, punches, and kicks. They will gain confidence, self-control, discipline, focus, respect, and build character. Weapons such as the Bo Staff and Escrima Sticks will also be offered.

Instructor: Arceli Bell

Location: Centennial Recreation Center, Multipurpose Room

Date	Day	Time	Age	Sessions
6/1 - 6/29	T	6:30pm-7:30pm	7yrs+	5
6/1-6/29	T/TH	6:30pm-7:30pm	7yrs+	9
7/6 - 7/27	T	6:30pm-7:30pm	7yrs+	4
7/1 - 7/29	T/TH	6:30pm-7:30pm	7yrs+	9
8/3 - 8/31	T	6:30pm-7:30pm	7yrs+	5
8/15 - 8/31	T/TH	6:30pm-7:30pm	7yrs+	9
	6/1 - 6/29 6/1- 6/29 7/6 - 7/27 7/1 - 7/29 8/3 - 8/31	6/1 - 6/29 T 6/1 - 6/29 T/TH 7/6 - 7/27 T 7/1 - 7/29 T/TH 8/3 - 8/31 T	6/1 - 6/29 T 6:30pm-7:30pm 6/1 - 6/29 T/TH 6:30pm-7:30pm 7/6 - 7/27 T 6:30pm-7:30pm 7/1 - 7/29 T/TH 6:30pm-7:30pm 8/3 - 8/31 T 6:30pm-7:30pm	6/1 - 6/29 T 6:30pm-7:30pm 7yrs+ 6/1 - 6/29 T/TH 6:30pm-7:30pm 7yrs+ 7/6 - 7/27 T 6:30pm-7:30pm 7yrs+ 7/1 - 7/29 T/TH 6:30pm-7:30pm 7yrs+ 8/3 - 8/31 T 6:30pm-7:30pm 7yrs+

Material Fee: \$99 (to be paid to instructor in class) No material fee required for first class. Optional for first month, but is required for continuing students. Includes: Uniform, gloves, patches and a folder.

4 week session

Resident Fee \$65 / CRC Member: \$60 Non-Resident Fee: \$75 / CRC Member: \$65

5 week session

Resident Fee \$70 / CRC Member: \$65 Non-Resident Fee: \$75 / CRC Member: \$70

9 week session

Resident Fee \$95 / CRC Member: \$90 Non-Resident Fee: \$100 / CRC Member: \$95